Syllabus
Breastfeeding the NICU Infant

Complete course consists of 12 hours on on-line training

Topics:

Introduction
Informed Decision
   “Mothers Medicine” video by Children’s Hospital of Philadelphia, Diane Spatz
Establishing and Maintaining a Milk Supply
   “Power of Pumping” video by Children’s Hospital of Philadelphia, Diane Spatz
   “Pump Early Pump Often” video by Children’s Hospital of Philadelphia, Diane Spatz
Mother care
   “In Our Hands” video by Rush Mother Milk Club, Dr Paula Meier
Breastmilk Management
Enteral Feeding
   “Sweet Soothing Medicine” video by Children’s Hospital of Philadelphia, Diane Spatz
Skin to Skin
   “Skin to Skin for Nurses” video by Children’s Hospital of Philadelphia, Diane Spatz
Non-nutritive Sucking
Transition to the Breast
Measuring Milk Transfer
   “Future Focus” video by Children’s Hospital of Philadelphia, Diane Spatz
Using Peer Counselors
Neonatal Abstinence Syndrome
   “Lunch with the Rush Mother’s Milk Club” video, Dr Paula Meier
Preparation for Discharge
   “Healing Power” video by Children’s Hospital of Philadelphia, Diane Spatz
Appropriate Follow-up
Short Stay

This course is eligible for 12 Nursing Contact Hours, 12 CERPs for lactation consultants and 12 CPEUs for dieticians