

## Lactation Education Resources

provides comprehensive online lactation consultant training for those who wish to become eligible for IBCLC certification. We are dedicated to providing high quality online lactation management training and innovative educational materials for professionals and for new parents through the use of cutting edge technology. We have more than 25 years' experience in training aspiring lactation consultants!



Our program director Vergie Hughes RN, MS, IBCLC, FILCA, has been a lactation consultant for over 25 years, has served on the IBLCE Board of Directors and exam writing committee and has taught classes for both professionals and parents. She has worked in a variety of settings including labor and delivery, post-partum, hospital breastfeeding centers, private practice and milk bank as a clinician, researcher and teacher. She started the first Lactation Consultant Training Program on the East coast. LER has been a leader in providing on-line lactation consultant training programs.

## Order Form

### Lactation Consultant Training Program

- Core I 45 hours \$645
- Core II 45 hours \$595
- Enriched 90 hours \$975
  
- Exam Review Course \$89
- Exam Review Enriched \$159

Continuing Education Classes \$25 each  
Name of course/s \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5 E-CERP's Ethics Course \$79

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State, Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_

Phone (Cell) \_\_\_\_\_

Email \_\_\_\_\_

Amount enclosed \_\_\_\_\_

Makes checks payable to Lactation  
Education Resources

Credit card number \_\_\_\_\_

Expiration date \_\_\_\_\_

Security code \_\_\_\_\_

Your username and password will be  
mailed to you.



# Lactation Education Resources

*Lactation Management Training*

*From novice to expert*

## Lactation Education Resources

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[www.LactationTraining.com](http://www.LactationTraining.com)

## What programs do we offer?

The Core Lactation Consultant Training Phase I & II 45 L-CERPs, Nursing Contact Hours and CPEUs

The Enriched Lactation Consultant Training Course 90 L-CERPs, Nursing Contact Hours and CPEUs

Ethical Issues for Lactation Consultants 5 E-CERPs, Nursing Contact Hours and CPEUs

IBLCE Exam Review Course & Practice Exams 3 L-CERPs, Nursing Contact Hours and CPEUs

Various Continuing Education Course 2 L-CERPs, Nursing Contact Hours and CPEUs

Clinical Skills Online

13.5 L-CERPs, Nursing Contact Hours and CPEs

Breastfeeding Resource Nurse Training 13 L-CERPs, Nursing Contact Hours and CPEs

Breastfeeding In-patient Specialist

12 L-CERPs, Nursing Contact Hours and CPEs

Lactation Management for Doulas

3- or 5-hour training

Clinical Internship Programs 100 or 500 hours

Customized Training Program

Designed for your staff ½-, 1- and 2-day Programs

“Towards Exclusive Breastfeeding”

“Breastfeeding Resource Nurse”

“In-patient Breastfeeding Specialist”

## LEP Course Director, Vergie Hughes RN MS IBCLC FILCA, answers questions



**Q: Who typically takes lactation consultant training?**

A: Registered nurses, Licensed practical Nurses, Pediatric Nurse Practitioners, Women's Health Nurse Practitioners, Midwives, Obstetricians, Pediatricians, Family Practice MDs, La Leche League Leaders, WIC workers, Breastfeeding Peer Counselors, women who have breastfeed their infants, and women who have a degree in an unrelated field. Anyone with a commitment to breastfeeding mothers and infants! So you can see that people who come into the field of lactation come from a wide variety of backgrounds.

**Q: How long does it take to complete the Lactation Consultant Training Program?**

A: It depends on how much time you have to devote to study. Most people complete it in 2-3 months. You have access to the courses for a year, so you can go back and review close to the time of the certification exam.

**Q: Once I complete the training, how do I get the clinical experience that the IBLCE requires?**

A: If you are working in a setting where you advise, counsel or teach breastfeeding mothers, you may have your hours already if you do not have access to breastfeeding mothers, consider an internship program. We offer internships in the metro Washington DC area and Baltimore, or contact a lactation consultant in your area. See the IBLCE website for more information about clinical experience. [www.iblce.org](http://www.iblce.org)

## Who are our instructors?

Vergie Hughes RN MS IBCLC FILCA Course Director, Lactation Education Resources Lactation Consultant

Lou Lamb RN MA IBCLC Lactation Consultant, Fair Oaks Hospital, VA  
Liz Brooks JD IBCLC FILCA Wyncldmoor, PA

Geraldine Fitzgerald RN CPNP IBCLC HoneySuckle Lactation, Garrett Park, MD

Jane Bradshaw RN BSN IBCLC Lactation Consultant, Best Start Parenting Center VA Johns Hopkins Bayview Medical Center, Baltimore, MD

Kathleen Buckley RN PhD IBCLC University of Maryland, School of Nursing MD

Linda Rogowsky RN MS IBCLC Great Falls, VA  
Karen Rechnittzer RN IBCLC Lactation Consultant, Fair Oaks Hospital VA

Angela Love-Zaranka IBCLC Lactation Consultant, DeWitt Army Hospital VA

Susan Hatcher RN BSN IBCLC HealthSource for Women, Private practice VA  
Kelly Benson-Vogt MA CCC/SLP Speech-Language Pathologist, Pediatric and Speech Solutions

Frank Nice RPh DPA Pharmacist, Author of Nonprescription Drugs for the Breastfeeding Mother

April Fogleman PhD RN IBCLC Detician and instructor at UNC, Chapel Hill NC

Margaret Willis IBCLC Breastfeeding Center of Greater Washington